



JUNE 2018 (YEAR B)

ST. JAMES CATHOLIC CHURCH

Monthly News Bulletin

P. O. BOX 1865, Osu- Accra

Welcome To Our Parish

MASS SCHEDULES

Morning Mass: Monday - Friday 6:30am
Sunday Mass: 8:00am

SACRAMENT OF RECONCILIATION / CONFESSION

Saturdays at 5:30pm - 6:30pm or by
appointment.

COMMUNION TO THE SICK

Please ensure the parish office is informed of
a parishioner's ill health. Arrangements will
be made for a home or hospital visit.

BAPTISM

Dates are communicated by announcements
during Sunday Mass.

HOLY MATRIMONY

Wedding arrangements should be made with
the Parish or Associate Priest. Please contact
the Parish office at least six months prior
to wedding.

Counselling takes place twice a year:
January - June
July- December

PARISH PRIEST

Very Rev. Fr. Daniel Mawuli Tettejji
0243 044 431

ASSOCIATE PARISH PRIEST

Rev. Fr. Prince E. Adelaayitar
0262 154 881

ADMINISTRATIVE SECRETARY

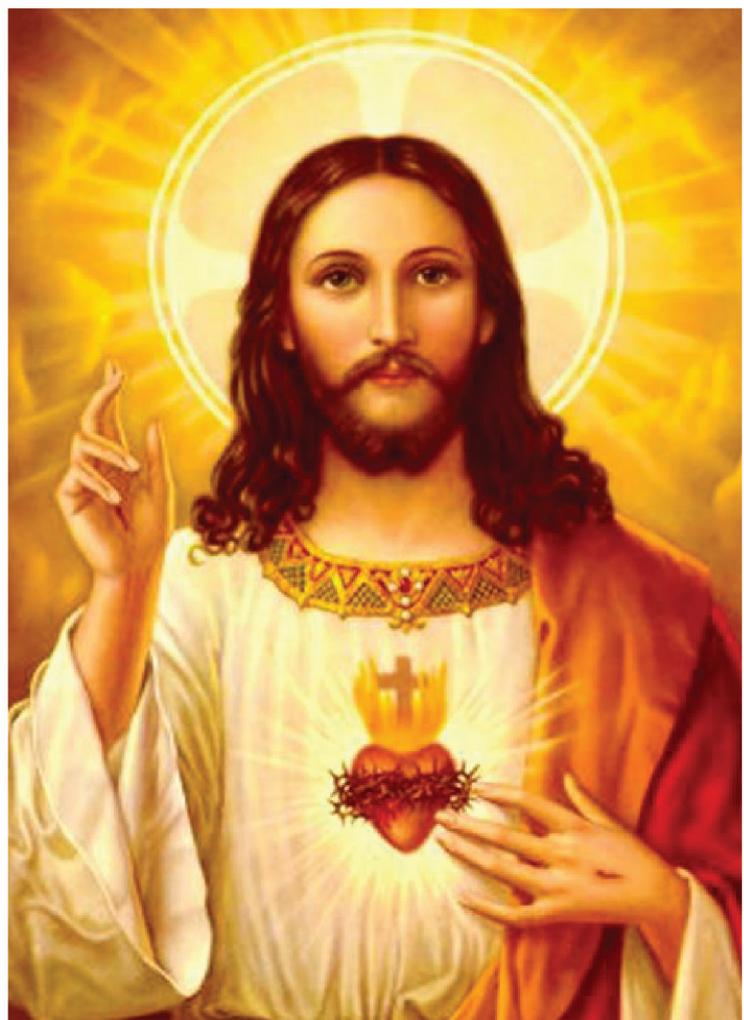
Maxwell Akokre
Tel: 0505 256 484 / 0302 798 781

OFFICE HOURS

Mondays 8:00am - 12:00pm
Tuesday - Friday 8:00am - 5:00pm

ST. JAMES MINI MART

Tuesday - Saturday, 10:00am - 7:00pm
Sundays 6:30am - 2:00pm



IN THIS EDITION

- **Pastor's Column**
- **Reflections**
- **Spiritual Focus**
- **Empowerment**
- **Youth**
- **Children's Corner**

Very Rev. Fr. Daniel Tettetdji

Dear Cherished Parishioners,

I wish to begin my column by first thanking God for each and everyone of you; my St. James family. I pray for God's protection on us all as we enter the sixth month of 2018 and celebrate all our fathers, be they biological dads or not.

Father's Day is a celebration honouring fathers and celebrating fatherhood, paternal bonds, and the influence of fathers in society. Many countries celebrate it on the third Sunday of June. The idea of Father's Day celebration was formed in the mind of Ms Sonora Louise Smart Dodd, when she per chance listened to Mother's Day sermon in 1909. Sonora was strongly inclined to fathers because of the affection she received from her own father, Mr William Jackson Smart. Mr Smart raised his six children with love and care when his wife died at the birth of their last child.

As we celebrate Father's Day, on the 17th of June, I wish to share some inspirational quotes.

"Anyone can be a father, but it takes someone special to be a dad, and that's why I call you dad, because you are so special to me. You taught me the game and you taught me how to play it right." Wade Boggs

"Until you have a son of your own... you will never know the joy, the love beyond feeling that resonates in the heart of a father as he looks upon his son." Kent Nerburn

"Dad, wherever you are, you are gone but you will never be forgotten." Conrad Hall

"Being a father has been, without a doubt, my greatest source of achievement, pride and inspiration. Fatherhood has taught me about unconditional love, reinforced the importance of giving back and taught me how to be a better person." Naveen Jain

"A real man loves his wife, and places his family as the most important thing in life. Nothing has brought me more peace and content in life than simply being a good husband and father." Frank Abagnale

"My dad was my best friend and greatest role model. He was an amazing dad, coach, mentor, soldier, husband and friend." Tiger Woods

"It is a wise father that knows his own child." William Shakespeare

"My father used to say that it's never too late to do anything you wanted to do. And he said, 'You never know what you can accomplish until you try.'" Michael Jordan

"One father is more than a hundred schoolmasters." George Herbert

"My dad is my best friend, my father, and my boss. When I do something that is exciting and he likes it, it feels three times as good as you can imagine." David Lauren

"When I was a boy of 14, my father was so ignorant I could hardly stand to have the old man around. But when I got to be 21, I was astonished at how much he had learned in seven years." Mark Twain

"He who is taught to live upon little owes more to his father's wisdom than he who has a great deal left him does to his father's care." William Penn

"The most important thing a father can do for his children is to love their mother." Henry Ward Beecher

"Any man can be a father but it takes someone special to be a dad." Anne Geddes

"A father is respected because he gives his children leadership . . . appreciated because he gives his children care . . . valued because he gives his children time . . . loved because he gives his children the one thing they treasure the most - himself." Anon

Shalom!!!

JOY IN LOVE

Jesus answered, "... Love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength.' The second is: 'Love your neighbour as yourself.' There is no other commandment greater than these." [Mark 29-31]

Many have said that this quotation sums up the essence of the whole Bible and our Christian faith.

We prove our love for God and grow in the knowledge and depth of his unfathomable love by embracing the way of the cross each day. When our will crosses with God's will, then His will must be done. **Oh, how I love your law! All day long I meditate on it. Your words are sweeter in my mouth than honey!** [Psalm 119:97, 103]

If we accept God's way of love, truth, and wisdom, then we will discover the joy and freedom of loving, serving, and laying down our lives for others, just as Jesus freely laid down his life for each and every one of us. **"God so loved the world that he gave us his only Son, that whoever believes in him should not perish but have eternal life"** (John 3:16).

The love of Jesus Christ compels us to give our best not only to God but also to our neighbour who is created in the image and likeness of God. God's love purifies and transforms us into the likeness of Christ. Jesus promises that those who abide in his love will bear much fruit for the kingdom of God - fruit that will last for eternity as well (John 15:16). If you seek to unite your heart with the heart of Jesus, your life will bear abundant fruit - the fruit which comes from the Holy Spirit who dwells within us - the fruit of love, joy, peace, goodness, and friendship which lasts forever (Galatians 5:22-23). This is the kind of love Bishop Michael Curry talked about at Prince Harry's wedding. A love so intense it can change the whole world and there would be no more hunger, no more thirst, no more visas, no more barriers of any kind and no more war.

Jesus' commands are neither hard nor burdensome for those who know his love and mercy. The Holy Spirit transforms our hearts to be like God's. Paul reminds us **"God's love has been poured into our hearts through the Holy Spirit, who has been given to us"** [Romans 5:5]. Jesus gave his disciples and us a new commandment to love and serve others just as He has loved us with heartfelt compassion, kindness, and mercy. Our love for God responds to His crazy love for us through the gift of his Son, the Lord Jesus Christ.

How can love lead to joy? Joy comes from total commitment to Jesus and our neighbour. Jesus tells his disciples that he is united with his Father in heaven in a perfect bond of mutual love, honour, and joy in one another. Their love is inseparable and unbreakable (1 Peter 1:3-9). That is why the Son **delights in obeying** the eternal Father who loves him with infinite love. The Father and Son invite all to join in their eternal bond of love and friendship through Jesus, the Word of God, who became flesh for us, he shows us the way - keep my word, keep my commandments. Jesus says if you abide in my word you will know my love and that love will fill you with immense joy - a joy that is unsurpassing, exalted, and unfading. **And we have known and believed the love that God has for us. God is love and those who live in love, live in God and God lives in them** [1 John 4:16]

May our collective prayer be "Lord Jesus, fill me with your Holy Spirit and make me fruitful in your love, mercy, kindness, and compassion. May there be nothing in my life which keeps me from your love and joy." As we pray this daily may we: **Sing and shout for Joy, people of Israel! Rejoice with all your heart, Jerusalem ... The Lord, the king of Israel, is with you, there is no reason now to be afraid ... The Lord will take delight in you, and in His love He will give you new life. He will sing and be joyful over you...** [Zephaniah 3:14-17]

Twelve Reasons For Wanting To Spend One Hour With Jesus In The Blessed Sacrament According To The Teachings Of The Church

1. You are greatly needed!

"The Church and the world have a great need of eucharistic adoration." (Pope John Paul II, Dominicae Cenae)

2. This is a personal invitation to you from Jesus.

"Jesus waits for us in this sacrament of love." (Pope John Paul II, Dominicae Canae)

3. Jesus is counting on you because the Eucharist is the center of life.

"Every member of the Church must be vigilant in seeing that the sacrament of love shall be at the center of the life of the people of God so that through all the manifestations of worship due him shall be given back 'love for love' and truly become the life of our souls." (Pope John Paul II, Redeemer of Man)

4. Your hour with Jesus in the Blessed Sacrament will repair the evils of the world and bring about peace on earth.

"Let us be generous with our time in going to meet Jesus and ready to make reparation for the great evils of the world. Let your adoration never cease." (Pope John Paul II, Dominicae Cenae)

5. Day and night Jesus dwells in the Blessed Sacrament because you are the most important person in the world to him!

"Christ is revered in our churches as the spiritual center of the heart of the community, the universal Church and all humanity, since within the veil of the species, Christ is contained, the invisible heart of the Church, the Redeemer of the world, the center of all hearts, by him all things are and of whom we exist." (Pope Paul VI, Mysterium Fidei)

6. Jesus wants you to do more than to go to mass on Sunday.

"Our communal worship at mass must go together with our personal worship of Jesus in Eucharistic adoration in order that our love may be complete." (Pope John Paul II, Redeemer of Man)

7. You grow spiritually with each moment you spend with Jesus!

"Our essential commitment in life is to preserve and advance constantly in Eucharistic life and Eucharistic piety and to grow spiritually in the climate of the Holy Eucharist." (Pope John Paul II, Redeemer of Man)

8. The best time you spend on earth is with Jesus, your Best Friend, in the Blessed Sacrament!

"How great is the value of conversation with Christ in the Blessed Sacrament, for there is nothing more consoling on earth, nothing more efficacious for advancing along the road of holiness!" (Pope Paul VI, Mysterium Fidei)

9. Just as you can't be exposed to the sun without receiving its rays, neither can you come to Jesus exposed in the Blessed Sacrament without receiving the divine rays of his grace, his love, his peace.

"Christ is truly the Emmanuel, that is, God with us, day and night, he is in our midst. He dwells with us full of grace and truth. He restores morality, nourishes virtue, consoles the afflicted, strengthens the weak." (Pope Paul VI, Mysterium Fidei)

10. If Jesus were actually visible in church, everyone would run to welcome him, but he remains hidden in the Sacred Host under the appearance of bread, because he is calling us to faith, that we many come to him in humility.

"The Blessed Sacrament is the 'Living Heart' of each of our churches and it is our very sweet duty to honor and adore the Blessed Host, which our eyes see, the Incarnate Word, whom they cannot see." (Pope Paul VI, Credo of the People of God)

11. With transforming mercy, Jesus makes our heart one with his.

"He proposes his own example to those who come to him, that all may learn to be like himself, gentle and humble of heart, and to seek not their own interest but those of God." (Pope Paul VI, Mysterium Fidei)

12. If the Pope himself would give you a special invitation to visit him in the Vatican, this honor would be nothing in comparison to the honor and dignity that Jesus himself bestows upon you with the invitation of spending one hour with him in the Blessed Sacrament.

"The divine Eucharist bestows upon the Christian people the incomparable dignity." (Pope Paul VI, Mysterium Fidei)

Twelve Biblical Reasons For Wanting To Spend One Hour With Jesus In The Blessed Sacrament

1. He is really there!

"I myself am the living bread come down from heaven." (Jn 6:35)

2. Day and night Jesus dwells in the Blessed Sacrament because of his Infinite love for you!

"Behold I will be with you always even to the end of the world," because "I have loved you with an everlasting love, and constant is my affection for you." (Mt 28:20; Jer 31:3)

3. The specific way that Jesus asks you to love him in return is to spend one quiet hour with him in the Blessed Sacrament.

"Where your treasure is, there is your heart..." "Could you not watch one hour with me?" (Matthew 6:21; 26:40)

4. When you look upon the Sacred Host, you look upon Jesus, the Son of God.

"Indeed, this is the will of my Father, that everyone who looks upon the Son and believes in him shall have eternal life. Him I will raise up on the last day." (John 6:40)

5. Each moment that you spend in His Eucharistic Presence will increase his divine life within you and deepen your personal relationship and friendship with Him.

"I have come that you may have life, and have it more abundantly." "I am the vine and you are the branches. Whoever remains in me and I in him shall bear much fruit because without me, you can do nothing." (John 15:5)

6. Each hour you spend with Jesus will deepen his divine peace in your heart.

"Come to me all of you who are weary and find life burdensome and I will refresh you..." "Cast all of you anxieties upon the one who cares for you..." "My Peace is My Gift to you." (Matthew 11:28; Peter 5:7; John 14:17)

7. Jesus will give you all the graces you need to be happy!

"The Lamb on the throne will shepherd them. He will lead them to the springs of life-giving water." (Revelation 7:17)

8. Jesus is infinitely deserving of our unceasing thanksgiving and adoration for all he has done for our salvation.

"Worthy is the Lamb that was slain to receive honour, glory and praise." (Revelation 5:12)

9. For peace in our country!

"When my people humble themselves and seek my presence... I will revive their land." (2 Chronicles 7:14)

10. Each hour you spend with Jesus on earth will leave your soul everlastingly more beautiful and glorious in heaven!

"They who humble themselves shall be exalted..." "All of us, gazing on the Lord's glory with unveiled faces, are being transformed from glory to glory into his very image." (Luke 18:14; 2 Chronicles 3:18)

11. Jesus will bless you, your family and the whole world for this hour of faith you spend with Him in the Blessed Sacrament.

"Blessed are they who do not see and yet believe..." "Faith can move mountains..." "What is needed is trust..." "Behold I come to make all things new." (John 20:29; Mark 11:23; Mark 5:36; Revelation 21:5)

12. Each moment you spend with Jesus in the Blessed Sacrament brings joy, pleasure, and delight to his Sacred Heart!

"My joy, my pleasure, my delight is to be with you." (Proverbs 8:31)

(For more information go to: <https://www.catholicnewsagency.com/resources/prayers/adoration-to-the-holy-sacrament/24-reasons-for-spending-a-holy-hour-before-the-blessed-sacrament>)

PORTRAIT OF CHRIST IN THE AFRICAN CHURCH

By Kwabena Adade Boafo

It is widely prevalent to see the presence of European images or white paintings/portraits of Jesus deep-rooted in every major church in the African society. We also see some of the Blessed Virgin Mary, The Twelve Disciples, and many other great religious figures. The only reason we have whole-heartedly accepted and ascribed to these European representational arts is the fact that our former enslaver/oppressor taught us to buy into them with every space of our mind.

When we talk about the depiction of Christ it is imperative not to ascribe any longer to the European depictions of what and how the Messiah looks like because it has come with vicious psychological implications on ourselves as African people. The human brain is an organ with connective cells which capture information as well as recapture memories. Therefore, if the African congregation, especially children are made to believe Jesus is 'white' which they find evidence in portraits in our churches, as time goes by their brain associates 'White Christ' with 'white people'.

Subconsciously, it makes the African congregation put 'white people' closer to God or see them as gods of humanity because "the power in the portrait/painting is transferred to the people who are represented in it"- Dr. Umar Johnson. In effect, the African congregation become easily prone to self-inferiority as it is always difficult to pray with a 'white' mental image of Christ and not in some way feel inferior to 'white people'.

I have questioned and have had several discussions on this topic with many of our priests and other ministers. The dominant response from those interactions has been that "It does not really matter how Christ is racially represented/misrepresented in portrait" and that "What is all important is to worship and serve the Lord as well as to seek spiritual growth in Him". But the reality is, it does matter. As a society, we are well aware of the power of representation and its impact on our perception of reality. If it does not matter, why are we not displaying the early and original portraits of Christ and other Christian figures instead in our churches? If it never mattered, why were many of the original paintings and ancient mosaics of Jesus systematically reconstructed globally with European features which have now become the conventional depiction of what Christ looks like? - Dr. Robinson Milwood

It is tough to oppress/gain hegemony over a people whose image of the Messiah does not look like the oppressor. But when the Messiah and the oppressor look same, the people will come to believe that the oppression is ordained by God. It was not surprising but sad when I came across a video of an African lawmaker/preacher in America saying "...I thank God for slavery...If it was not for it, I would be somewhere in Africa worshipping a tree". I do not know how you would describe that statement, but it is an authoritative exposition of ignorance and self-hatred and this is the situation many of us have found ourselves in. Now do you realise how representation matters and jointly with history and culture?

It will stimulate curiosity in Africans who enjoy the ostentation and delineation of 'white' European Jesus Christ to realise there still exists today, a few thousands of original portraits of Jesus Christ and the Blessed Virgin Mary around the world especially in Europe and Russia. Dr. Runoko Rashidi in his book, *Blackstar: The African Presence in Early Europe*, reveals that France probably has more depictions of black Madonna with infant Jesus than any other country. A chief centre of which is Chartres - 5 to 8 kilometers southwest of Paris. Notable among the depictions in Chartres is the Notre-Dame du Phlier (Our Lady of the Pillar). Both the Madonna and infant Jesus are colored

in very dark brown and the images are highly venerated, especially among Catholics.

With the evidence of the facts crystal-clear, one could only ask why the public is less exposed to this knowledge. We can only conclude it is due to the relentless process of deculturalisation and deAfricanisation of our history as well as buying more into Eurocentric literature/academia which we African people have held high for eons.

Albeit I seek justifications to my assertions from historical facts, it is also worth stating that it just seems appropriate to represent Christ in our own kind and the psychology that follows would even draw us much closer to God and strengthen our faith in Him. "What we do for ourselves depends on what we think of ourselves and what we think of ourselves depends on what we know of ourselves and what we know of ourselves depends on what we have been told"- Dr. Runoko Rashidi. Never should we allow anybody to tell us history and culture are not important. "Religion is part of our culture, otherwise it is not a religion" - Most Rev. Peter Kwasi Sarpong.

Archbishop Emeritus of the Kumasi Archdiocese of the Catholic Church, Most Rev. Peter Kwasi Sarpong has argued that the African Church is not 'African enough' and continues to urge that symbols, imagery, signs, etc. that are remnants of other cultures should be replaced by those comprehensible to the African. He further enumerates aspects of convergence between Christianity and indigenous African religions such as godliness, religious authority, veneration of ancestors, virtues of respect, hospitality, purity, truth, hard work, and rites of passage or ceremonies surrounding the "life cycle".

The Archbishop Emeritus is not alone in this perspective as Prof. Jean-Marc Ela also believes that for the Christian gospel to worth its salt in Africa, the local people must take hold of Christianity and interpret it with their own sensibilities to confront new social, economic, and religious realities. According to Ela, faith is verified and actualized wherever the future is striven for and invented, in all of society's tension spots. "Unless it takes into account of economics as well as realities of power and the correlative realities of powerlessness, faith is discarnate".

The moment is now for us to look deeply into some of these issues that border on the socio-cultural status quo of the African church, which have always been treated with disdain and insignificance, and have left our consciousness in disarray and our confidence inanimate. Despite the Vatican II decrees which encourage indigenization in the Church, it is of socio-historical interest that we must initiate major liturgical reforms in consultation with the Holy See.

May the good Lord guide and lead us to the trajectory of faith, wisdom, and knowledge in our salvation, rehabilitation, and liberation.

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WOMANLINESS

By Ayesha-Andrea Apedoe

Accepting womanhood is the highest place of honor and every woman has a purpose and mission to fulfill but many have lost sight of this because all over the world, women have been associated with weakness ranging from being physically incapacitated, emotionally flexible to lack of good leadership qualities. History has not been too kind to women leaving their self-worth badly dented mainly due to social injustices.

Right from childhood, some girls have been denied access to education. A 2013 report by the United Nations Educational Scientific & Cultural Organisation (UNESCO) found that 31 million girls of primary school age were not in school and about one out of every four young women in developing countries had never completed their primary education. It is indeed worrying to realize that number represents a huge pool of untapped girl power. Can it be suggested that educated women are more likely to get married later, survive childbirth, raise healthy children, find work and earn more money, among other positives? How has gender-based violence affected women of today? A recent survey by the World Health Organisation (WHO) also revealed that one in three women experience physical or sexual violence in their lifetime. I daresay, whether it is domestic abuse, rape or sexual trafficking, gender based violence has denied far too many women the opportunity to live happy, healthy and fulfilling lives.

Have we looked at the dire consequences of child marriage? It has been proven that girls who marry before age eighteen (18) are typically denied education, at risk of complications related to pre-mature childbearing and more vulnerable to intimate partner violence. The least said about Female Genital Mutilation, the better! Of course, there are other major dreadful challenges confronting women but we must strive to address them to impact positively on everyone.

Women also experience some personal challenges that can curtail their pleasure of womanhood. These struggles range from physical beauty, whether to have kids or not, marry or not, to staying at home or pursuing a career. These inner conflicts can have a way of denting one's self confidence and as women, we must all realize how virtuous we can be and that we are diplomatic people by nature with a pure mind and ready to make sacrifices for the comfort of our families. We can appreciate blessings of innate endurance for pain, right from menstrual pains, marriage life pressures to the pangs of pregnancy to childbirth, breastfeeding from morning till night and sometimes, sleepless nights. It takes in-built massive strength to be able to register our existence as women and may all of us relish in our amazing qualities of delicacy, radiance, sensitivity, creativeness, charm, gentleness, graciousness, dignity, strength, intuitive and enduring – true gifts of womanhood. May we also reap all the joyful benefits of our supreme sacrifices in raising healthy families and prosperous children who will in turn contribute positively to the family and the world as a whole. Arise, Women, have a voice that calls to honour and support each other on our different paths with our unique gifts and talents needed to accomplish our purpose.

In spite of the setbacks that life often throws at us, that should not sour life's pleasures. In the face of injustice, may we find that strength, yes it is there, to pick ourselves up by the bootstraps, slap a smile and find joy in being ourselves. It is my prayer that we all find nobility in motherhood and joy in womanhood. The enemy wants us to believe that we have no worth but we must continue on in faith and understand that we are indeed, daughters of God. Let us cherish our femininity!

BE CLEAN INSIDE OUT

By Cynthia Nimo-Ampedu

It is often said that poverty is a curse. If this were true, then children conceived by poor parents are cursed even before their birth. This would also imply that the man we call heavenly Father is no father at all if He can curse His own children even before their birth. We however know that these thoughts are false because He has written that He loves us and has our best interest at heart. In our state of sin, he caused his son to die in order for us to have life. When we are challenged to doubt God because of circumstances in life, we must also remember that He has asked that we give Him thanks in all things because He will work out our challenges for our good. Since we cannot understand God's ways, what we need to do is to trust Him.

Not too long ago, Moesha Budong, a Ghanaian celebrity made the headlines when she disclosed her status as the mistress of a married man because according to her, the economy makes it difficult for her to take responsibility for her financial needs. This is the reality with many young Ghanaian women. However, to what extent are we willing to carry our cross or do we wish to offload it even before we begin to carry it? There is no doubt that the economic challenges many young persons face are real but is it enough justification to let go of your Christian values and pride? Or is your pride and values only worth material wealth and possessions?

If life were meant to be easy, God Himself would have taken an easy approach to bring us salvation instead of allowing His son to die. In other words, we must learn to bear the challenges in our lives and depend on God to calm the storms and smooth our paths when life seems unbearable. When we learn to patiently bear our challenges, God teaches us many priceless lessons to carry us throughout our life here on earth, an opportunity we miss when we choose the easy way. In fact, what we consider to be easy will cost us more when the time comes to render account either here on earth or after life.

In moments when we are tempted to compromise our values, let us remember that the Holy Spirit if allowed to do His work in us, will not permit us to fall in such temptations because we are never tempted beyond what we can bear. We must therefore learn to say no, hard though it may be, to the glitz and glamour of this world, especially under compromising circumstances. For just as the Holy Spirit comes in the form of fire to purify us and make us worthy to enjoy the fruits He dispenses, so shall our struggles pave the way for us to place better value on the fruits of our labour when the time comes to enjoy.

Dear Reader, take consolation in the fact that God knows your needs even better than you do and sees your toil. He will appreciate your unflinching confidence in Him to bring your challenges to an end. If you do this, He will not let your trust go unfulfilled. God loves you dearly.

Jesus and the Sabbath



Then Jesus asked them, "Which is lawful on the Sabbath: to do good or to do evil, to save life or to kill?" But they remained silent. Mark 3:4 (NIV)

The puzzle is based on Mark 2:23-3:6.

Z J C B P D A E X S N I B K V
 J U R J U R E S T O R E D Z J
 E L Y F Z O X M F V B T Q L W
 S A A X O D G V G Q Y R T O E
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Parishioners are encouraged to insure with Quality Insurance Company (QIC) You can contact these numbers for further information.

**050 - 1277400 / 050 - 1409463 &
0302 - 258135 / 028 - 9601819**

WEEKDAY ACTIVITIES

Mondays

Bible sharing (6:15pm - 7:30pm)

Youth Choir (7:00pm - 9:00pm)

Tuesdays

St. Anthony's Guild (6:30pm - 7:30pm)

Wednesdays

Church Choir (6:30pm - 8:30pm)

Thursdays

Youth Choir (7:00pm - 9:00pm)

Charismatic Renewal (6:30pm - 7:30pm)

Fridays

Church Choir (6:30pm - 8:30pm)

Sacred heart Confraternity (6:30pm - 7:30pm)



Eucharistic Adoration

Thursday preceding the first Friday of the month.

Day born groups

Last Sunday of the month after Mass or by announcement.

Faith Bookshop

Monday - Friday, 8:00am - 7:30pm

Saturdays 3:00pm - 7:30pm

Sundays 9:30am - 1:30pm