



AUGUST 2018 (YEAR B)

ST. JAMES CATHOLIC CHURCH

Monthly News Bulletin

P. O. BOX 1865, Osu- Accra

Welcome To Our Parish

MASS SCHEDULES

Morning Mass: Monday - Friday 6:30am
Sunday Mass: 8:00am

SACRAMENT OF RECONCILIATION / CONFESSION

Saturdays at 5:30pm - 6:30pm or by
appointment.

COMMUNION TO THE SICK

Please ensure the parish office is informed of
a parishioner's ill health. Arrangements will
be made for a home or hospital visit.

BAPTISM

Dates are communicated by announcements
during Sunday Mass.

HOLY MATRIMONY

Wedding arrangements should be made with
the Parish or Associate Priest. Please contact
the Parish office at least six months prior
to wedding.

Counselling takes place twice a year:
January - June
July- December

PARISH PRIEST

Very Rev. Fr. Daniel Mawuli Tettejji
0243 044 431

ASSOCIATE PARISH PRIEST

Rev. Fr. Prince E. Adelaayitar
0262 154 881

ADMINISTRATIVE SECRETARY

Maxwell Akokre
Tel: 0505 256 484 / 0302 798 781

OFFICE HOURS

Mondays 8:00am - 12:00pm
Tuesday - Friday 8:00am - 5:00pm

ST. JAMES MINI MART

Tuesday - Saturday, 10:00am - 7:00pm
Sundays 6:30am - 2:00pm



IN THIS EDITION

1. Pastor's Column
2. Reflections
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4. Parish News
5. Catechesis
6. Youth
7. Children's Corner

Very Rev. Fr. Daniel Tettej

My Cherished parishioners

I bring you warm greetings in the name of our blessed Lord. Before outlining some activities in the month of August I wish to commend you, one and all, for the success of the activities marking the parish Feast Day celebration.

The prayer session on the Friday was well attended. The speaker, Rev. Fr. Emmanuel Obeng Cudjoe, as usual, did an inspiring job. The talk and the prayers were right on point. I am sure that those who were present felt blessed. It is important for every parishioner to go through the rest of the year with the strong conviction that **"If the Son sets you free, you are free indeed"**.

The Saturday health walk was also well patronised. It was a time for fun. Children, youth and adults all enjoyed themselves. Indeed, we demonstrated that we are "one body" in Christ.

The Sunday Thanksgiving Mass - the climax of our Feast Day celebration was just awesome.

We must all congratulate ourselves. May God Almighty bless us all.

Kindly take note of two main activities in the month of August.

-The Solemnity of the Assumption on 15th August. The Church celebrates Mary's assumption into heaven immediately after her death. She was then given the same glorified existence which her divine Son's human nature had been given by the Father at the moment of his death, and which all the elect will enjoy at their moment of resurrection. We believe that, after Christ, she has occupied the next highest place of glory in heaven from the moment her earthly life ended. This has been the constant belief of the Church from the beginning; a belief confirmed and guaranteed by the infallible declaration of Pope Pius XII in 1950. The Catholic Church teaches as dogma that the Virgin Mary "having completed the course of her earthly life, was assumed body and soul into heavenly glory". This doctrine was dogmatically defined by Pope Pius XII on 1 November 1950, in the apostolic constitution: **Munificentissimus Deus** by exercising papal infallibility. Pope Pius XII pointed to the Book of Genesis (3:15) as scriptural support for the dogma in terms of Mary's victory over sin and death as also reflected in 1 Corinthians 15:54: **"then shall come to pass the saying that is written, Death is swallowed up in victory"**.

Holy Mass shall be celebrated at 6:30am and 6pm.

-Mass Priestly Ordination on 25th August at 9am. As part of the 125th anniversary, the Catholic Archdiocese of Accra shall have the mass ordination of 18 deacons. We are all invited to the Holy Spirit Cathedral for this important celebration. The attire for the occasion is the anniversary cloth.

May the maternal solicitude of the Blessed Virgin Mary accompany us all.

Shalom!!!

LOVE IS ALL WE NEED

Catholic Hymnal 357

Oh, the love of my Lord is the essence of all that I love here on earth. All the beauty I see He has given to me, and the giving is gentle as silence.

Every day, every hour, every moment, have been blessed by the strength of His love. At the turn of each tide He is there at my side, and His touch is gentle as silence.

There've been times when I've turned from your presence, and I've walked other paths, other ways. But I've called on your name in the dark of my shame, and your mercy was gentle as silence.

Love is all good. Love is all giving. Love is all trusting. And the love for God gives security. It is simply amazing!

The love of a child towards his parents is overwhelming and unconditional even when the parents are evil. Equally, the love of parents, especially mothers, is limitless. God's love for His children is beyond such love. Hear His word in Isaiah 49:15 **"Can a woman forget her nursing child, or show no compassion for the child of her womb? Even these may forget, yet I will not forget you"** What else do we need to hear from God to trust Him totally? And He loves us in spite of our infidelity and waywardness to the extent that He, our God stoops to ask us: **"... O my people, what have I done to you, or how have I wearied you? Answer me!"** [Micah 6:3]

God like the Father of the Prodigal son forgives what mere mortals find unforgiveable. He loves us no matter what. **"With age-old love I have loved you; so I have kept my mercy toward you."** [Jeremiah 31:3] Indeed, the children of God are very fortunate and yet we take Him for granted all the time. **"What god can be compared to you – taking fault away, pardoning crime, not cherishing anger for ever, but delighting in showing mercy?"** [Micah 7:14-20]

Love is inexplicable, otherwise why would a slave girl, taken away from her home and her people say to her mistress: **"I wish my master would go to see the prophet in Samaria. He would heal him of his leprosy."** [2 Kings 5:3]. Again when Naaman's stubbornness and pride almost deprived him of his healing, it was his servants who impressed on him to wash himself in the Jordan as Elisha had asked him to do to rid himself of his leprosy.

To love God and to be loved in return is so simple. God gave us His Son Jesus to manifest His own love made visible in human flesh. This is because God is love and all He knows is to love and be love. Even His Judgment is all about love. **"God is love, and those who abide in love abide in God, and God abides in them... There is no fear in love, but perfect love casts out fear; for fear has to do with punishment, and whoever fears has not reached perfect in love. We love because He first loved us".** [1 John 4:16b-19] All it takes is to heed Jesus' word: **"Whoever loves me will keep my word, and my father will love him and we will come to him."** [John 14:23] It could not be easier. All we need is to ask Him in prayer. To grow in love and friendship ask God's Holy Spirit to transform your heart, mind and will to enable you to love freely and generously as He loves. **"You have been told, O man, what is good and what the Lord requires of you: Only to do the right and to love goodness and to walk humbly with your God."** [Micah 6:8]

How easy it is to be bowled over by God's love and to dwell in love! To do so though we must not contain this love, we need to share and spread it. This is the way we know that it is true love. **"Those who say, 'I love God,' and hate their brothers or sisters, are liars; for those who do not love a brother or sister whom they have seen, cannot love God whom they have not seen. The commandment we have from Him is this; Those who love God must love their brothers and sisters also."** [1 John 4:20-21] As children of God we must truly reflect His loving image of being merciful and compassionate to others. **If we are to claim in truth the title of brother and sister, we must lay down our lives for our brothers and sisters.** [1 John 3:16]

"Eternal Father, in many ways you have proved to me that you love me. I do not ask for further proof of your love. Rather, I ask for faith to surrender to this love of yours expressed through the person and work of Jesus Christ. Amen." Rev. Fr Andrews Obeng (23-07-2018)

Let us end this Reflection with the thought: **"If today you hear His voice harden not your hearts."** [Psalm 95:8]

THE NINE CHOIRS OF ANGELS PART II**THE FIRST SPHERE**

The duties of the First Sphere center on the Throne of God and serve Him directly and are the highest in authority

Seraphim -

Leading this sphere are the Seraphim, which means in Hebrew "to burn". Out of all of the angels, the Seraphim have the most intimate knowledge of God and they meditate upon His Person, meaning they contemplate on the great mystery about who and what God is, including the Trinity.

Because they comprehend God with greater clarity than any others, they are so passionately in love with Him due to how much has been revealed to them, and they are characterized by fire, which is why they are often referred to as the burning ones. Due to this in-depth knowledge of God and their burning passionate love for Him, it is speculated that the Seraphim are incapable of sinning. (*St. Thomas Aquinas, THE SUMMA THEOLOGIAE, Part 1, Question 63, Article 7, Reply to Objection 1; Question 63, Article 9, Reply to Objection 3; Question 109, Article 1, Reply to Objection 3*)

Cherubim -

Second to the Seraphim are the Cherubim. While the Seraphim contemplate on God as a Person, the Cherubim meditate upon His Divine Plan for all of Creation. Because of their knowledge and understanding of the Divine Plan, the Cherubim are often translated to mean "fullness of wisdom". In accordance with their contemplation about the Divine Plan, the Seraphim teach the Cherubim about the Divine Person which helps the Cherubim understand the Divine Plan all the more.

Thrones (also called the Ophanim) -

Third in rank within this First Sphere are the Thrones and they represent the judicial power of God. From the Cherubim, they learn about the Divine Person of God and His Divine Plan, which in turn allows them to mediate upon the power of God and His judgments, such as man's banishment from Eden, the Flood of Noah, etc. The Thrones are responsible for passing on their divine knowledge down to the Second Sphere of the Hierarchy.

THE SECOND SPHERE

The duties of the Second Sphere are to look after and safeguard the physical universe (i.e. all of the cosmos)

Dominions (also called Dominations) -

The word Dominions have root in the Latin word *dominus*, which means "master" or "lord". Thus the Dominions are the angels of authority and they are believed to be the leaders of the Second Sphere of the Angelic Hierarchy and they pass on the orders of knowledge of God that they received from the Thrones down to those under their charge. In essence, they are similar to the Archangels in the Third Sphere in terms of duty, but they oversee the affairs of guarding the Universe and protecting it from harm.

Powers (also called Authorities) -

It is believed that the Powers fight the forces of evil that desire to destroy the Creation. It is thus possible to speculate that if Satan and his demons were to make an effort to destroy the Earth by means of manipulating the forces of the Universe, such as through a great asteroid or a solar flare, the Powers would prevent the Enemy from succeeding.

Virtues -

The Virtues mean "might" and "energy". It is believed that they oversee the movements of planets, stars, and the forces of nature. Thus, they make sure that the Universe operates according to God's Design.

*Note: Some traditions rank the Virtues above the Powers in the hierarchy.

THE THIRD SPHERE

The duties of the Third Sphere are to look after human beings

Principalities -

The Principalities are the Guardian Angels of nations and cities. There are also evil Principalities who have joined Satan in his rebellion against God and thus there are also Principalities appointed by Satan to influence nations and cities for evil, which is evident by the fact that in Daniel 10:13 the Prophet Daniel is told by an angel that there was a spiritual power referred to as the prince of Persia who that angel was in conflict with until the Archangel Michael came to his aid.

Archangels -

The Archangels are Guardian Angels appointed to guard special individuals, such as the Church, the Pope, possibly the Virgin Mary while one Earth, etc. What makes it extremely strange is that even though the Angelic Host as a whole consists of an innumerable amount of angels, Sacred Scripture and Sacred Tradition indicates that there are only seven angels who have this rank (Tobit 12:15; Revelation 1:4,20; 3:1; 8:2,6; and Isaiah 63:9). More on this will be addressed at a later time.

Angels -

These are the angels who directly look after the affairs of mankind and deliver God's Divine Revelation to us. The Guardian Angels are part of this choir.

Conclusion

It is important to note that even though the last group are known as angels all members of the nine choirs are angels and their nature is pure spirit. Calling on them for assistance, especially the last three, is very helpful for the Christian journey.

ST JAMES CATHOLIC CHURCH

OFFICE SPACE TO LET

LOCATION:

1ST FLOOR OF ST, JAMES RECTORY

OFFICE SPACE / AREA SIZE:

100 SQUARE METRES

TEL. NO.:

0302798781

MOBILE NO'S.:

0243044431 & 0505256484

ST JAMES SHARING THE FAITH PROJECT

Anyone who missed Church on Sunday 22/07/18 likely did themselves some disservice. Why? St James Sharing the Faith Project was great! For the first time in the life of our Parish, Parishioners came together in twos and threes and went abroad spreading the Good News of God's Love across the surrounding streets near St James Osu.

The aim of the project was to bring God's message of Love to our neighbours who could not make it to Church on Sunday. We encountered people from diverse denominations, including our own Catholic Brethren, and some who were no longer practising, who found themselves with other Christian denominations. For the benefit of those who missed it, the message was summarised as follows: 'the Love of God is demonstrated to us through Creation and through the message of the Cross (Christ dying on the Cross of Calvary for our sins). One needs to first believe this Gospel, then Salvation is assured. That simple. There were various interactions with those we encountered, and many of these people made a decision to join us for some of our Sunday Masses.

Hurray!

ST JAMES GOES TO NSAWAM

"When the Son of Man comes in His glory, and all the holy angels with Him, then He will sit on the throne of His glory. All the nations will be gathered before Him and He will separate them one from another, as a shepherd divides his sheep from the goats...Then the King will say to those on His right hand, 'Come you blessed of My Father, inherit the kingdom prepared for you from the foundation of the world. For I was hungry and you gave Me food, I was thirsty and you gave me drink; I was a stranger and you took me in...I was in prison and you came to Me.'" Matt. 25:31-46

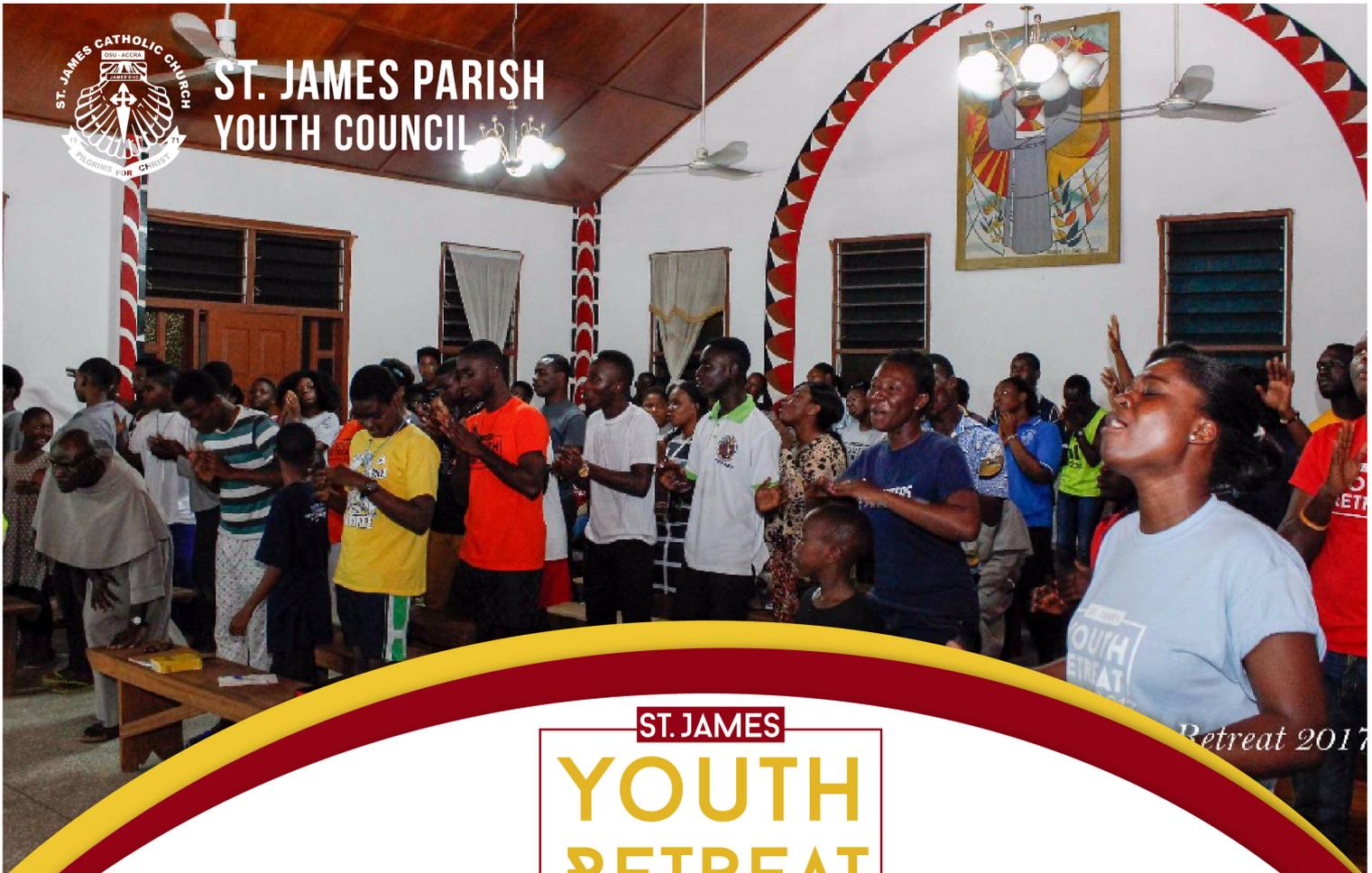
A drizzling Saturday morning saw 5 men and 5 women from St James Catholic Church Osu make a bumpy ride to Nsawam prison on behalf of all the parishioners at St James. We stopped first at the Women's prison, then at the Male prison. A prison guard with a loaded gun did little to deter the merry group. We gallantly offloaded an equally colossal amount of medical supplies for the Male Prison, and for their female counterparts. Their heartfelt speeches of appreciation was only second to their feelings of gratitude seen in their broad smiles. "On behalf of the Senior warden, we would like to express our gratitude to you at St James Catholic Church for all these you have brought. These were our most needed items at the moment, we pray God's abundant blessings upon you", responded their representative.

If the criterion for inheriting Heaven is to visit those in prison, I guess ST JAMES PARISHIONERS have more than made it.

We are humbled by the recent expression of support towards the visit to the inmates at the Nsawam Prison, and would like to express our profound gratitude to all those who supported in diverse ways especially; Mrs. Sylvia Tsegah, Mrs. Samira Osei-Banda Mrs. Mansa Agyare, Grandma Sarah Insaidoo, Mr. & Mrs. Beyuo, Mr. & Mrs Dokyj, Mr. & Mrs. Agyemang-Duah, Mr. Isaac Dwamena, Mr. Solomon Okuley, Nana Abrefi, Lectors, St. Theresa of the Child Jesus, Saturday Borns.



ST. JAMES PARISH YOUTH COUNCIL



Retreat 2017

ST. JAMES YOUTH RETREAT 2018

THEME: "REMEMBER YOUR CREATOR IN THE DAYS OF YOUR YOUTH" ECCL 12:1



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The Assumption of Mary: Things to Know and Share

By Jimmy Akin

August 15 is the solemnity of the Assumption of Mary.

What is the Assumption of Mary, how did it come to be defined, and what relevance does it have for our lives?

Here are 12 things to know. . .

1) What is the Assumption of Mary?

The Assumption of Mary is the teaching that:

The Immaculate Mother of God, the ever Virgin Mary, having completed the course of her earthly life, was assumed body and soul into heavenly glory [Pius XII, *Munificentissimus Deus* 44].

2) What level of authority does this teaching have?

This teaching was infallibly defined by Pope Pius XII on November 1, 1950 in the bull *Munificentissimus Deus* (Latin, "Most Bountiful God").

As Pius XII explained, this is "a divinely revealed dogma" (*ibid.*).

This means that it is a dogma in the proper sense. It is thus a matter of faith that has been divinely revealed by God and that has been infallibly proposed by the Magisterium of the Church as such.

3) Does that mean it is an "ex cathedra" statement and that we have to believe it?

Yes. Since it is a dogma defined by the pope (rather than by an ecumenical council, for example), it is also an "ex cathedra" statement (one delivered "from the chair" of Peter).

Because it is infallibly defined, it calls for the definitive assent of the faithful.

Pope John Paul II explained:

The definition of the dogma, in conformity with the universal faith of the People of God, definitively excludes every doubt and calls for the express assent of all Christians [General Audience, July 2, 1997].

Note that all infallibly defined teachings are things we are obliged to believe, even if they aren't defined "ex cathedra" (by the pope acting on his own).

The bishops of the world teaching in union with the pope (either in an ecumenical council or otherwise) can also infallibly define matters, but these aren't called "ex cathedra" since that term refers specifically to the exercise of the pope's authority as the successor of St. Peter. (It's Peter's cathedra or "chair" that symbolizes the pope's authority.)

4) Does the dogma require us to believe that Mary died?

It is the common teaching that Mary did die. In his work, *Fundamentals of Catholic Dogma*, Ludwig Ott lists this teaching as *sententia communior* (Latin, "the more common opinion").

Although it is the common understanding of that Mary did die, and although her death is referred to in some of the sources Pius XII cited in *Munificentissimus Deus*, he deliberately refrained from defining this as a truth of the faith.

John Paul II noted:

On 1 November 1950, in defining the dogma of the Assumption, Pius XII avoided using the term "resurrection" and did not take a position on the question of the Blessed Virgin's death as a truth of faith.

The Bull *Munificentissimus Deus* limits itself to affirming the elevation of Mary's body to heavenly glory, declaring this truth a "divinely revealed dogma."

5) Why should Mary die if she was free from Original Sin and its stain?

Being free of Original Sin and its stain is not the same thing as being in a glorified, deathless condition.

Jesus was also free of Original Sin and its stain, but he could—and did—die.

Expressing a common view among theologians, Ludwig Ott writes:

For Mary, death, in consequence of her freedom from original sin and from personal sin, was not a consequence of punishment of sin.

However, it seems fitting that Mary's body, which was by nature mortal, should be, in conformity with that of her Divine Son, subject to the general law of death.

6) What are the earliest surviving references to Mary's Assumption?

John Paul II noted:

The first trace of belief in the Virgin's Assumption can be found in the apocryphal accounts entitled *Transitus Mariae* [Latin, "The Crossing Over of Mary"], whose origin dates to the second and third centuries.

These are popular and sometimes romanticized depictions, which in this case, however, pick up an intuition of faith on the part of God's People.

7) How did the recognition of Mary's Assumption develop in the East?

John Paul II noted:

There was a long period of growing reflection on Mary's destiny in the next world.

This gradually led the faithful to believe in the glorious raising of the Mother of Jesus, in body and soul, and to the institution in the East of the liturgical feasts of the Dormition ["falling asleep"—i.e., death] and Assumption of Mary.

8) How did Pius XII prepare for the definition of the Assumption?

John Paul II noted:

In May 1946, with the Encyclical *Deiparae Virginis Mariae*, Pius XII called for a broad consultation, inquiring among the Bishops and, through them, among the clergy and the People of God as to the possibility and opportuneness of defining the bodily assumption of Mary as a dogma of faith.

The result was extremely positive: only six answers out of 1,181 showed any reservations about the revealed character of this truth.

9) What Scriptural basis is there for the teaching?

John Paul II noted:

Although the New Testament does not explicitly affirm Mary's Assumption, it offers a basis for it because it strongly emphasized the Blessed Virgin's perfect union with Jesus' destiny.

This union, which is manifested, from the time of the Savior's miraculous conception, in the Mother's participation in her Son's mission and especially in her association with his redemptive sacrifice, cannot fail to require a continuation after death.

Perfectly united with the life and saving work of Jesus, Mary shares his heavenly destiny in body and soul. There are, thus, passages in Scripture that resonate with the Assumption, even though they do not spell it out.

10) What are some specific Old Testament passages?

Pope Pius XII pointed to several passages that have been legitimately used in a "rather free" manner to explain belief in the Assumption (meaning: these passages resonate with it in various ways, but they don't provide explicit proof):

Often there are theologians and preachers who, following in the footsteps of the holy Fathers, have been rather free in their use of events and expressions taken from Sacred Scripture to explain their belief in the Assumption.

Thus, to mention only a few of the texts rather frequently cited in this fashion, some have employed the words of the psalmist:

"Arise, O Lord, into your resting place: you and the ark, which you have sanctified" (Ps. 131:8);

and have looked upon the Ark of the Covenant, built of incorruptible wood and placed in the Lord's temple, as a type of the most pure body of the Virgin Mary, preserved and exempt from all the corruption of the tomb and raised up to such glory in heaven.

Treating of this subject, they also describe her as the Queen entering triumphantly into the royal halls of heaven and sitting at the right hand of the divine Redeemer (Ps. 44:10-14ff).

Likewise they mention the Spouse of the Canticles "that goes up by the desert, as a pillar of smoke of aromatical spices, of myrrh and frankincense" to be crowned (Song 3:6; cf. also 4:8, 6:9).

These are proposed as depicting that heavenly Queen and heavenly Spouse who has been lifted up to the courts of heaven with the divine Bridegroom [Munificentissimus Deus 26].

11) What are some specific New Testament passages?

Pius XII continued:

Moreover, the scholastic Doctors have recognized the Assumption of the Virgin Mother of God as something signified, not only in various figures of the Old Testament, but also in that woman clothed with the sun whom John the Apostle contemplated on the Island of Patmos (Rev. 12:1ff).

Similarly they have given special attention to these words of the New Testament: "Hail, full of grace, the Lord is with you, blessed are you among women" (Luke 1:28), since they saw, in the mystery of the Assumption, the fulfillment of that most perfect grace granted to the Blessed Virgin and the special blessing that countered the curse of Eve [Munificentissimus Deus 27].

12) How can we apply this teaching to our everyday lives?

According to Pope Benedict XVI:

By contemplating Mary in heavenly glory, we understand that the earth is not the definitive homeland for us either, and that if we live with our gaze fixed on eternal goods we will one day share in this same glory and the earth will become more beautiful.

Consequently, we must not lose our serenity and peace even amid the thousands of daily difficulties. The luminous sign of Our Lady taken up into Heaven shines out even more brightly when sad shadows of suffering and violence seem to loom on the horizon.

We may be sure of it: from on high, Mary follows our footsteps with gentle concern, dispels the gloom in moments of darkness and distress, reassures us with her motherly hand.

Supported by awareness of this, let us continue confidently on our path of Christian commitment wherever Providence may lead us. Let us forge ahead in our lives under Mary's guidance [General Audience, August 16, 2006].

To the Love of my life...

By Cynthia Nimo-Ampredú

My dearest Personal person,

Our paths crossed not too long ago but I have fallen deeply in love with you, beyond my understanding. I used to wonder how some people date for a very short period and end up having a beautiful marriage but I think I understand now. When you meet the right person, everything just falls in place. Not a day goes by without me affirming my love for you...I do this so unconsciously that I'm unable to keep count.

I remember how you assured me of your unconditional love in my state of sin and guilt and doubt. You reminded me of the cross and how you sacrificed your son, your only beloved son for me even in the process of sin over two thousand years ago and knowing that I will continue to sin even today, that I may be saved. What kind of love is this, that does not relent? I guess that confirms your uniqueness and you having no competitor.

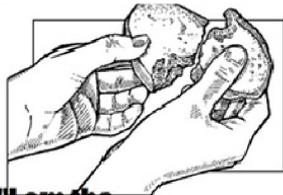
You show me mercy and correct me not even for the purpose of punishing my wrong, but for my own good. I will forever be grateful for even those hard and tough lessons you have had to teach me as a result of my own sinfulness. Those moments have drawn me so close to you and sent me on the right path from where I do not desire to depart. Had it not been for those tough times, I would not have met and known you like I do now.

And so for this show of steadfast love, I am confident even in the midst of the storm, because I know you will restore peace and order. You who sees and knows it all, you will not permit anything to dare happen to me without having a master plan. I am rest assured and confident in you and therefore not shaken because I know the conversations that we have had. I trust in you like a baby in its mother's arms. I go through every single day, knowing you are right there by my side, never taking your eyes off me. It is therefore my pleasure and great honour to be the apple of your eye.

For the sake of this love that we share, I do not wish to offend or disrespect you by sinning although this is a hard resolution. I do believe however, that you will give me the grace that I need to do right by you always and to quickly accept my wrongs and ask for forgiveness. I also believe and accept, hard though it may be, that your justice will correct me when I'm wrong. I wish for few of those wrong moments and will continue to strive for righteousness.

You have set the standard so high by showing me that love can be pure and perfect. You are my rock. You are my unfailing friend, confidant, comforter and everything that I never had and never will have on this earth.

I love you, Abba Father. This love is deep and I know that you love me even more.
Yours truly,



"I am the Bread of Life."

Jesus, the Real Thing

Jesus replied, "I tell you the truth, you want to be with me because I fed you, not because you understood the miraculous signs. But don't be so concerned about perishable things like food. Spend your energy seeking the eternal life that the Son of Man can give you. For God the Father has given me the seal of his approval." John 6:26-27 (NLT)

X H B I Y I P Y E V S B J R E
 W E O T I T S J Z T S C T Z P
 O R P D H Y H P N K E G D A M
 R T B E A T N I T H I R S T Y
 L B M K H U N G R Y C C N Y Y
 D B E N H Z F S M S M V E A F
 I J G L I W O R L D T Q Z V L
 O I U L I V G X A H N Y B G O
 S Q L I F E V N I E Z Q E A N
 B R Q H E B V G D A B O L G C
 X R S H E A V E N V D K I K N
 Q W E I Q D R D H E L S E Y D
 V R I A V G R J R N A S V Q M
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 R Z X A M A T C C I J F G R A

- | | | | | |
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QUALITY INSURANCE COMPANY LTD.

QUALITY INSURANCE COMPANY (QIC)

Parishioners are encouraged to insure with Quality Insurance Company (QIC) You can contact these numbers for further information.

050 - 1277400 / 050 - 1409463 & 0302 - 258135 / 028 - 9601819

WEEKDAY ACTIVITIES

Mondays

Bible sharing (6:15pm - 7:30pm)

Youth Choir (7:00pm - 9:00pm)

Tuesdays

St. Anthony's Guild (6:30pm - 7:30pm)

Wednesdays

Church Choir (6:30pm - 8:30pm)

Thursdays

Youth Choir (7:00pm - 9:00pm)

Charismatic Renewal (6:30pm - 7:30pm)

Fridays

Church Choir (6:30pm - 8:30pm)

Sacred heart Confraternity (6:30pm - 7:30pm)



Eucharistic Adoration

Thursday preceding the first Friday of the month.

Day born groups

Last Sunday of the month after Mass or by announcement.

Faith Bookshop

Monday - Friday, 8:00am - 7:30pm

Saturdays 3:00pm - 7:30pm

Sundays 9:30am - 1:30pm